



# **CORONAVIRUS (COVID-19)**

a cyczine from  
**Cycling Campaign for North Bedfordshire**

Issue 5 - 13/10/20

**A crisis now facing  
world in addition to  
Climate Emergency**

**A new strain of  
coronavirus not  
previously identified in  
humans**



**With a second wave in infections occurring, government has introduced\* a three tier system in an attempt to minimise spread of coronavirus.**

**Bedford Borough is included in tier one - Local COVID alert level: Medium**

**‘Wash’, ‘Face’ and ‘Space’**



**\* 13 October 2020**

- **Continue to only socialise indoors and outdoors with people outside your household in groups up to six**
- **Continue to maintain excellent hand washing conditions and wash regularly**
- **Continue to cover your face in enclosed spaces**
- **Continue to maintain two metres social distancing with anyone outside your household or one metre with a face mask**

**All activities may be carried  
out by cycling**

**Cycling remains a great way  
to keep fit and active and is  
a good way to boost  
immunity**

**Keep your distance from  
other people and regularly  
wash your hands and in  
particular when you arrive  
back home**

**Ride singularly or as a group of up to six people**



***singularly or***



***group of up to six people***

# Cycling Campaign for North Bedfordshire



## Our Vision

To see Bedford as a

**‘Town of Cyclists’ & ‘Cycle Friendly Communities’**

## Objectives

- ♦ To promote, encourage and support cycling as an important means of transport and recreation
- ♦ To encourage consideration of the needs of cyclists in all aspects of transport planning and management, access issues and recreational use.

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Promotional website: <http://www.cyclebedford.org.uk>